



SOLE

Welcome Back SOLE!

Welcome to the 2022-2023 school year at SOLE! We hope you all had a wonderful summer full of relaxation and great times with family and friends. To those returning to SOLE, welcome back! To our new students and families, welcome to SOLE! We look forward to seeing students on September 7, 2022.

Over the summer, our caretaking staff have done an incredible job preparing the school for this year. Our office staff have also been busy these past two weeks preparing for the buzz of a new school year.

We look forward to and are optimistic about the year that lies ahead. As a school we will continue to focus on Equity, Well-Being and Achievement, and our goal for this year is to prioritize “Joy, Engagement, and Belonging in our school as a foundation for academic achievement and student success”.

The TDSB has launched a [Back to School Website](#) for parents/guardians/caregivers and students that will continue to be updated.

For the first day back, we will be following a special schedule:

9 AM—11:20 AM—Welcome Assembly in Student Lounge
11:20 AM—12:20PM—LUNCH BREAK
12:20PM—Debbie will distribute timetables
Students go to Classes:

- Period 1 12:30PM—1PM
- Period 2 1:05PM—1:35PM
- Period 3 1:40PM—2:10PM
- Period 4 2:15PM—2:45PM

Q & A 2:45PM –3:15PM
TT issues

Principal:
Amalia Pallas

Vice-Principals:
Tim Seabrook (M-Z)

Superintendent:
Dr. Belinda Longe

1 Hanson Street
Toronto, ON M4J 1G6
416-393-0756

Office Administrator:

Debbie Andrew-Murphy
Debbie.andrew-
murphy@tdsb.on.ca

<https://solealternative.ca/>

UPCOMING DATES

September 7—First Day!

September 7—Welcome
Back Assembly

September 19—Photo
Day

September 21—Early Dis-
missal (PLC Date)

September 28—Early
Dismissal (Staff Meeting)

SOLE Contact Information

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VP - Tim Seabrook	timothy.seabrook@tdsb.on.ca

RESOURCES FOR FAMILIES:

<https://www.calm.com/>

This site includes daily mindfulness challenges which can be used by you as well as your students.

Special Education

<https://www.tdsb.on.ca/Leadership-Learning-and-School-Improvement/Special-Education>

Equity, Anti-racism, Anti-Oppression

<https://www.tdsb.on.ca/About-Us/Equity-Anti-Racism-and-Anti-Oppression>

Indigenous Education

<https://www.tdsb.on.ca/Community/Indigenous-Education>

Parent Concern Protocol

<https://www.tdsb.on.ca/Contact-Us/Steps-to-Address-Questions-Concerns>

SCHOOL START UP INFORMATION

TDSB e-Learning Day School Semester One (Grade 11 &12)

Registration for Semester 1 TDSB e-Learning courses is now open. This program is for Grade 11 & 12 students who wish to take ONE e-Learning class fully on-line through the TDSB, while maintaining the rest of their courses with MPC. You can access courses available in Semester 1 on the [e-Learning website](#).

School Day Structure

The following charts illustrate the school day structure for all TDSB secondary schools.

Regular Day Classes – Monday, Tues-	
9:00 - 10:20 a.m.	Class A
10:25 - 11:40 a.m.	Class B
11:40 - 12:40 p.m.	LUNCH
12:40 - 1:55 p.m.	Class C
2:00 - 3:15 p.m.	Class D

Wednesday Schedule

On Wednesdays, we follow a special schedule.

Wednesday Classes	Week 1 / 2
9:00 - 10:20 a.m. (9:00 – 10:05 a.m. – Class Ad-	Class A/ Class B
10:25 - 11:40 a.m. (10:10 – 11:10 a.m.) – Class	
11:40 - 12:40 p.m. (11:10 – 12:10 p.m.)	LUNCH
12:40 - 1:55 p.m. (12:10 – 1:10 p.m. – Class Ad-	Class C/ Class D
2:00 - 3:15 p.m. (1:15 – 2:15 p.m.) – Class Ad-justed) *	

*Note: Early Dismissal Staff Meeting Days 2:15pm – Wednesday’s twice monthly, Class times adjusted. **WEEK 1 IS FIRST WEEK BACK IN SEPTEMBER**

Student Password Information

Students in Grades 5-12 can also reset their own passwords directly on the login page of many online tools, including Brightspace and Zoom. Once registered, students will be able to use security questions, email, phone, text message or an “authenticator” smartphone app, to validate their password reset requests. For additional information, please view this [infographic](#) or [demo video](#).

New students:

Students new to TDSB will have their password set to the Shared Secret Password. This is a combination of the last 4 digits of your Student Number, followed by 2 digits for your day of birth, and 2 digits for your month of birth, followed by “@Tdsb” (case sensitive and 13 characters in total).

Student Shared Secret Password

You	Your Shared Secret Password
<p>MAPLE GROVE HIGH NAME: SMART, ALEC</p> <p>STUDENT #: 333123456</p> <p>BIRTHDAY: 03-16-2001</p>	<p>34561603@Tdsb</p> <p>#1 #2 #3 #4</p> <p>Last 4 digits of student # Day of Birth Month of Birth *Added to the end</p>

COVID-19 Health and Safety Measures and Practices for this school year

Screening—Students and staff should continue to do a daily self-assessment before entering school or Board buildings and stay home if they are sick.

Masks—The TDSB continues to be a mask-friendly environment inclusive of all students and staff. The TDSB will continue to provide medical masks for staff and students who request them.

Testing—Rapid Antigen Test kits will continue to be available to both staff and students and are to be provided to staff/students upon their request and/or upon return from an unplanned absence. As rapid antigen tests are readily available in other public settings, it is not the expectation that all students/staff in a school are provided tests proactively. If you require testing kits, please contact our school office.

Enhanced Cleaning—Caretaking staff will continue to perform routine cleaning of general facilities throughout the day and enhanced cleaning of high touch surfaces such as light switches, handrails, door handles, etc.

We will continue to update you. You can also access updates via the [TDSB website](#).