

December 6, 2021

Good Morning S.O.L.E. Students and Families:

Hope you all had a nice weekend. Please see below for important information for this week.

Wishing you a wonderful week ahead.

Café B.R.E.A.K.

TDSB Students4Wellbeing (S4W) will be co-facilitating:

Café B.R.E.A.K. Virtual Drop In, for students in grades 7-12,
December 8th from 5pm-6pm.

S4W are a diverse group of secondary students from across TDSB and for this first Virtual Drop-In, co-facilitated by TDSB Mental Health Leads, is:

- an opportunity to socialize with peers,
- to inspire and educate students about mental health and well-being,
- offer mental health resources and
- create culturally safe spaces to discuss mental health and equity.

Please share with all your schools for students grades 7-12 and the S4W group is looking forward to meeting everyone! Please see [this link](#) for more information.

CPA FINANCIAL LITERACY WORKSHOP

Please direct any questions to getinvolved@cpaontario.ca



We have launched a series of financial literacy workshops throughout the academic year. The next one is called Don't Get Scammed and it kicks off on December 7 from 4 to 5

p.m. Have your students [register today](#) or attend yourself! All workshops will be led by CPAs.

Attendees will also receive a certificate of participation and will have a chance to win one of four \$25 Amazon e-gift cards for their attendance at each workshop.

For students in a Business SHSM program, this workshop may count as a Financial Literacy component.



Our annual Write to Ignite essay competition has opened! Have your students write 500 words on the theme: Has social media been good or bad for society or business and why?

- 1st place = \$500 + \$50 e-gift card for the teacher + class plaque
- 2nd place = \$250
- 3rd place = \$100
- Teacher draw = \$100 e-gift card*

*Each time a student submits an entry, their teacher's name is put into the draw. The more students in a class participate, the higher the change their teacher will win.

Visit cpaontario.ca/write for more details, including rules and regulations.

Contest closes February 21, 2022.





Your students can now participate in our Showcase video contest individually or in teams!

Have them create a 60-90 second video on the theme: How are businesses doing good for the world?

- 1st place = \$1,000 + \$50 e-gift card for the teacher + class plaque
- 2nd place = \$500
- 3rd place = \$250
- Teacher draw = \$100 e-gift card*

*Each time a student submits an entry, their teacher's name is put into the draw. The more students in a class participate, the higher the chance their teacher will win.

Visit cpaontario.ca/showcase for more details, including rules and regulations.

Contest closes May 23, 2022.

CULTURALLY RESPONSIVE RESOURCES

Below is a link to many Culturally Responsive Resources throughout Toronto (from 211ontario.ca) grouped and categorized for easy access. Please note we will be updating this resource often adding additional resources and welcome any feedback (i.e. missed a resource and/or ones that require updating).

<https://docs.google.com/presentation/d/1E1rvK8htCICYXTDjR8p5u6XtrsHf-tmMEFIQVa4U-HQ/edit?usp=sharing>

HOMEWORK HELP

Homework Help takes place every Monday in the Student Lounge from 2:45-3:45. Come get help with completing assignments and understanding course material.

LUNCHTIME WELLNESS BREAK

Students are invited to join Caitlin in Room 328 at 12:00 noon sharp on Thursday, December 9 to learn some easy yoga moves to help reduce anxiety.



STUDENT COUNCIL UPCOMING ACTIVITIES

Human Rights Film Festival Buy-Out

On Thursday, December 9, students can purchase a \$3 ticket to get out of class for the afternoon and watch an educational Human Rights Film Festival screening of the film End of the Line, a documentary about the Indigenous women water protectors at Standing Rock. More details about the movie can be found here: <https://www.hrff.ca/end-of-the-line>.

Funds raised will go to Raventrust. <https://raventrust.com/>

Clothing Swap: Thanks to every student who participated in our clothing swap! Our next clothing swap will take place in January. Details TBA.

Next Student Council meeting: Wednesday, December 8, 2:45 PM, Room 328

Student council also has a week of cozy and festive holiday activities coming up! More details TBA

FROM STUDENT SERVICES

Dual Credits/SWAC

Last call for students interested in taking College courses semester 2! Caitlin has started working on Dual Credit and SWAC applications for students. If you have already told her you want to participate, make sure you have replied to her latest emails. If you haven't told her yet that you want to participate, come talk to her before Thursday December 9. Contact Caitlin for more info at: caitlin.hewitt-white@tdsb.on.ca

University/College Applications

The university application deadline is January 13. Book an appointment with Rob if you need assistance applying to college or university: robert.reed@tdsb.on.ca

Semester 2 Courses

If students want to change their Semester 2 courses, or look over options, book an appointment with Rob. Some new courses we have:

- Writer's Craft
- Guitar and Music History

Additionally, a list of E-Learning courses is now available. robert.reed@tdsb.on.ca

NUTRITION PROGRAM

Thank you to our student volunteers for their ongoing assistance with serving nutritious food in the mornings. If you need community hours, we are still accepting volunteers for set-up and clean-up. Contact Rob: robert.reed@tdsb.on.ca.



ADDITIONAL INFORMATION:

TPH AND COVID-19 PROTOCOLS

Ensuring the health and safety of our students and staff is a priority and everyone plays a role. Toronto Public Health has made updates its [COVID-19 screening for students/children in childcares and JK to Grade 12 schools](#). Please use this updated version when conducting your daily screening before coming to school.

Here is the revised [TDSB Health Pass](#) paper version and these updates are reflected in the TDSB Health Screening App.

FROM MICHAEL GARRON HOSPITAL

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